DESTINATION GUIDE 2020

NASSAU, BAHAMAS | WEEK 1



NEED GRADWEEK ON-SITE ASSISTANCE?

Do not hesitate to call. Gradweek Staff are here to help! If you have an issue or a situation during your trip, you must call (or text) us so we can assist. If you cannot readily locate a GradWeek Staff member, please call the Breezes Resort (242) 327–5356 and ask for the GradWeek Staff Room. **Do not hesitate to call us!**. If you are unable to contact us, have a friend call.

ON-SITE 24-HOUR GRADWEEK NUMBER IS:

NEED TO CALL HOME?

Upon arriving we strongly encourage that you take a minute and call home. We often get calls from parents saying they have not heard from their son or daughter. To avoid unnecessary calls and worrying, take few minutes and calls your parents to let them know you made it to the Bahamas safely. The easiest way to call home is to use the pay phones in the lobby. This will help you avoid costly hotel surcharges the hotel will charge when you call from your room. Simply dial the number listed on the pay-phone and a US operator will place a collect call. Please note that calling to the US from another country can be expensive and we recommend that you keep your call brief to avoid large phone charges. *Please Note: If using your cell phone to call home, typical rates are \$2.00 per minute. Please keep calls brief! In addition, those with Data Plans, you can incur enormous cell phone bills by leaving your Data Connection on while in the Bahamas to avoid this we recommend keeping your phone in airplane mode.

NEED MEDICAL ATTENTION?

Gradweek Staff members are not doctors and thus will not make any judgment calls on whether or not medical attention is necessary for any reason. This decision is entirely up to the traveler and his or her parents. If you are in doubt as to whether medical attention is needed, we strongly recommend you contact your parent(s) and/or guardian(s) and ask for advice. If you are in need of medical attention and it is a non-emergency, you can locate a Gradweek Staff member for directions to the nearest medical facility. If you cannot find a Gradweek Staff member, simply go to your hotel front desk for assistance or call the number above. If it is an emergency, dial 919 or 911 and have your friend notify a Gradweek Staff Member. Local Urgent Care Facility/Walk-In Clinic: 35 Collins Ave, Nassau | Phone: (242) 328-0783

HELPFUL SAFETY & TRAVEL

- Hydration After many hours of flying, combined with laying in the sun and, lack of sleep, it's critical that you stay hydrated. Be sure to drink lots of water during your GradWeek in the tropics. You'll feel better, be less susceptible to illness, and you will have an overall better experience!
- The Buddy System We highly recommend the buddy system! Please stay
 out in groups, especially when going back to your hotel at night. Always
 remember that there is safety in numbers! If you leave the hotel or an event,
 also tell a friend where you are going and when you plan to return.
- Taxi's Getting around is typically done by Taxi (Uber and Lyft do not operate in the Bahamas) so plan to have cash on hand for this and traveling in groups is the safest and most economical way to go. The taxi's run all day and night. They will cost anywhere from \$4-\$7 per person depending on where you want to go. You can take up to 4 people in a standard taxicab. We strongly recommend that no one rides alone, especially at night!
- Drugs & Alcohol Just say NO! DRUG POSSESSION AND USE IS ILLEGAL. Do
 not buy, sell, or use drugs anywhere. You will be kicked out of your hotel and
 end up in jail at your own expense!
- Hotel Room Damage You and your roommates are all responsible for paying any and all damage to your room. This also includes any extensive cleaning due to stains, smoking, liquid spills etc. Take care of your room!!! Upon arriving to your room make sure you and your roommates take 5 minutes to check your room and report any damages to the room if any so that you are not charged for it when you check out. Please walk down to the front desk and report any damages immediately. Do not let strangers into your room. Keep your doors locked at all times, including any balcony sliders.

Also, please respect your roommates' space.

- Hotel Safe Deposit Boxes We strongly recommend that you put all of your valuables in your safe deposit box upon check-in. THIS INCLUDES CELL PHONES, GO PROS, MONEY, ETC!!! If a box is not provided to you in your room, you can get one at the front desk. *Report any missing/stolen items
 IMMEDIATELY to the HOTEL.
- Checkout Airport buses leave on-time so don't be late or you can get left behind! Travelers MUST clean up their rooms pickup all trash (very important) garbage bags are available from GradWeek Staff or the hotel front desk and pack their bags the night before departure. On the day of your departure, proceed to front desk to settle any incidental balances on your room. You must be in the lobby 3 hours prior to your scheduled flight departure time. *Buses will leave without you!!! If your flight is not until late afternoon or evening, hotel checkout is at 11:00AM and you can check your bags at the bell desk. We suggest some last minute shopping!
- Mopeds & Motorized Water Sports We strongly recommend NOT renting mopeds, Jet-skis or other motorized water sport equipment. Moped collisions are a common occurrence and you are responsible for any damages. All equipment is owned locally and any damage to the equipment will be your responsibility. Be careful! Many students have been charged for damage they may not have done. Check the equipment for damage and report it before using.
- Ocean The Ocean has a strong undertow! During the day, please check to see if your hotel has warning flags in front of the beach area. Most hotels/condominiums will post these flags to let you know the current ocean conditions. Please do not go in the ocean at night regardless of the posted flags. It is extremely dangerous at night!
- Balconies Do not sit on the ledge of your balcony or try and jump balconies from one room to another. It is very easy to fall off your balconies. Fatalities have occurred from this in the past!
- Crossing the Street Be sure and look both ways as to avoid being hit by
 moving vehicles. In the Bahamas, cars drive on the left side of the road not the
 right side of the street as in the US. This can be confusing to pedestrians.
 Looking both ways before crossing the street will insure safety.
- Money Wire Service If you run out of money and need money sent from home, GradWeek has a service that is easy and will save you time. Simply call home and have your parents contact our Corporate Office at (800) 448-4444 to request a Wire Transfer Form or they can download it from the GradWeek website (from the Resources page at www.gradweek.com). Our office will process their credit card for up to \$300 and GradWeek will pay you on-site. Please see a staff member for all money wire pickups. Money wires are distributed Monday-Friday at 7:00 PM (destination time). You will need to bring photo ID to the GradWeek 24-hour room to receive your money.

COVID-19 INFORMATION

CONGRATULATIONS Class of 2020! We're so happy you're here to have the trip of a lifetime! We want you to have the best week of your life but more importantly, we want you to be SAFE! Here's what you need to remember to have a happy and healthy grad trip:

- 1. Wash your hands OFTEN, for at least 20 seconds!
- 2. When soap and water aren't available, use hand sanitizer that contains at least 60% alcohol.
- 3. Stay at least 6 feet away from others when possible! Space out those beach chairs!
- 4. Wear your mask whenever you are in public.
- 5. Cover coughs & sneezes- If you don't have a tissue, cough or sneeze into your elbow & immediately wash your hands.
- 6. Avoid touching eyes, nose and mouth.
- 7. If you have a fever, cough or difficulty breathing, seek medical attention 2 and inform a GradWeek staff member IMMEDIATELY!
- 8. Regularly clean hard surfaces. This means allowing housekeeping to clean your room DAILY!
- 9. Drink only from your OWN cup- Do NOT share drinks!
- 10. Relax, be safe, and get ready for the best week of your life!

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GRADWEEK STAFF 24-HOUR PHONE:

BAHAMAS LOCATION INFO

Location Pin Drops Breezes Resort Bahamas All Inclusive Meliá Nassau Beach All Inclusive Atlantis Bahamas 😢 Señor Frog's | Nassau A Jimmy Buffett's Margaritaville Bahamas Nassau Straw Market Ardastra Gardens Bahamas Fast Ferries Pirates of Nassau THE GROVE Nooters of Nassau Fat Tuesday's Downtown Nassau (1) Walk-In Clinic - Urgent Care O Doctor's Hospital Paradise Island Police Station Commonwealth Bank, Cable Beach Scotiabank - Paradise Island Branch Arawak W Bay St RETIR IVISIO

OPTIONAL TOURS & ATTRACTIONS

Located in your hotel lobby, the Tour Desk has helpful representatives that will tell you all about the different optional tours & attractions that are available to you in Nassau. Here are a few popular ones:

- Pirates of Nassau Museum: Take a guided tour through a pirate's ship
 to explore the lifestyle and adventures of the plunderers of the
 Caribbean. Take your picture in the pirate shackles and afterwards
 visit the Pirates Pub.
- Stuart Cove's: Dive with sharks or snorkel over shipwrecks. See what's
 going on beneath the surface with the island's largest dive company.
 Bus pick up at the hotel.
- Miniature Golf: Practice your putting under the palm trees. Take a
 break from the pool for a round of mini golf. Located behind the
 Wyndham beside the Flamingo Grill.
- Bahamas Fast Ferry: A once in a lifetime chance to walk on pink sand beaches. Take the "Bohingy" for local fast ferry to Harbor Island for a day you'll never forget. Rent a golf cart on the quaint, charming island or just walk through the tiny town. A dawn to dusk adventure.
- Dolphin Encounter: Get up close and personal with the ocean's most intelligent inhabitant. Included is a boat ride to an island where you meet the trainers and the dolphins. Book on arrival, space is limited and this one sells out fast!
- Ardastra Garden and Zoo: Visit this magical jungle garden, home to 100's of beautiful birds and animals including many of the endangered species of the Caribbean. Five and a half acres of twisted forest trails with fruit trees, waterfalls, and wildlife. A short walk off the #10 bus route.
- Island Sightseeing Tour: Get to know Nassau. This bus tour will take
 you to local historic sites including the Queen's staircase, Fort
 Charlotte and the Water Tower. Get at least 6 people together to see
 what most tourists miss.
- Fishing Charter: Take home a real fishing story. Spend an afternoon with just you and your friends on a chartered boat. Get a group of at least 5 together to go after the big one.

